

MRC RECOMMENDED ONLINE TRAININGS

CCDC Training Videos

[Stop the Bleed](#)

[POD Just in Time Training](#)

[Module 1 - MRC Orientation](#)

[Module 2 - MRC Mass Medication](#)

[Module 3 – MRC Mass Care](#)

[Module 4 – MRC Special Event Deployments](#)

[Module 5 – MRC Video Intrastate Deployments](#)

[Module 6 – MRC Serving AFN Populations During Emergencies](#)

[How to Fall – Jack Szychtel](#)

TRAIN PA

www.train.org/pa/welcome

TRAIN is a national learning network that provides thousands of training opportunities to more than 2 million professionals who protect and improve the public's health. It is a free service for learners from the Public Health Foundation. You'll need to create an account. Please make sure you sign in under the state of Pennsylvania.

Learning Path	Train PA Course	Hours
Volunteer Preparedness	<u>Disaster Health Core Curriculum: Competency 1- Personal and Family Preparedness</u>	0.2
	<u>Disaster Health Core Curriculum: Competency 5- Personal Safety</u>	0.4
Volunteer Response	<u>IC-100.C: Introduction to Incident Command System ICS 100</u>	2
	<u>Disaster Health Core Curriculum: Competency 4- Communication</u>	1
	<u>PODs (Points of Dispensing): Public Health Training for Staff and Volunteers</u>	0.5
	<u>Psychological First Aid: A Minnesota Community Supported Model</u>	0.75
Volunteer Leadership	<u>You are the Help Until Help Arrives</u>	0.4
	<u>Disaster Health Core Curriculum: Competency 3- Situational Awareness</u>	0.2
	<u>Disaster Health Core Curriculum: Competency 8: Public Health Principles</u>	1
Volunteer Supports Community Resiliency	<u>Disaster Health Core Curriculum: Competency 9 – Ethical Principles</u>	0.4
	<u>Public Health Emergency Law Unit 2: Protection of Persons, Volunteers, and Responders</u>	1
	<u>Disaster Health Core Curriculum: Competency 11 – Short- and Long- term Considerations for Recovery</u>	0.2
		8 hours

In addition, we recommend the course “PA Damage Reporter Module 301 – Quick Guide to Damage Assessment Reporting” if you are interested in damage assessment. You MUST use the Internet Explorer browser for this course. It is 45 minutes + exam.

You may also wish to search for “MRC” and explore the results.

ICS and NIMS Courses

[FEMA's Emergency Management Institute](#) offers several courses on the National Incident Management System. In a major disaster, where we're partnering with state and federal as well as local officials, the chain of command will be crucial. You'll need to create a free account to sign in.

<https://training.fema.gov/nims>

ICS-100: Introduction to the Incident Command System

ICS-200: ICS for Single Resources and Initial Action Incidents

ICS-300: Intermediate ICS for Expanding Incidents

ICS-400: Advanced ICS for Command and General Staff

IS-700: National Incident Management System, An Introduction

IS-800: National Response Framework, An Introduction

American Red Cross Just-In-Time Training

We partner with the Red Cross and support them in sheltering and disaster relief.

[1. 2020 Pre-Deployment Orientation: Working in a Covid-19 Environment.](#)

[2. Mass Care Activities in Sheltering in a Covid Environment.](#)

[3. COVID-19 Shelter Assignments. PPE Information for Donning & Doffing.](#)

[4. Shelter Fundamentals.](#)

[5. Operating a Shelter Checklist. Paperwork is explained.](#)

[6. Operational Training for Shelter Workers.](#)

Disaster Relief Food Safety Training

<https://www.statefoodsafety.com/CustomPortal/DisasterRelief#/>

Augmentative and Alternative Communication (AAC)

Emergency Communication Tips

TechOWL -- Consider Communication

Augmentative and Alternative Communication (AAC)

Covid-19 Trainings

If you'll be working in a Covid-19 VPOD (Vaccine Point of Distribution), or merely want more information, you'll need to take the following. **If you are working as medical personnel, you MUST follow the link below and complete the full list of trainings.**

<https://www.delcocitizencorps.com/covid-19-immunization-training>

You Call the Shots

Blood-Borne Pathogens PPT & Quiz

HIPAA Workbook

Required HIPAA Quiz

Articles & Information

<https://www.ready.gov/>

[American Public Health Association – Get Ready for Flu](#)

[CDC -- Natural Disasters & Extreme Weather](#)

[Extreme Heat](#)

[Disaster Preparedness on a Budget](#)

[Emergency Driving Tips](#)

[Active Shooter Information --Shelter Field Guide FEMA P-785](#)

[Pet First Aid](#)

[Disaster Plan for Your Pets](#)

[Filter Out the Damage](#)

[Disaster Safety for Renters](#)

[Close Before You Doze](#)

[Room-by-Room Home Safety Guide for Older Adults](#)

[Disaster Prep and Self-Storage](#)

[Build a Disaster Supplies Kit](#)