



WHEN OUR TIME ON THIS EARTH IS DONE, MONEY OR MATERIAL THINGS WILL NOT MATTER. BUT THE LOVE, TIME AND KINDNESS WE'VE GIVEN OTHERS WILL SHINE AND LIVE ON FOREVER..



Blue Light Express

The Gift of Time

By Judy McKinney

The gift of time, the sharing of experiences, the attention afforded to a loved one is what will be remembered, not the new scarf. I enjoy the gift of time with my family all year around when I am treated to the movies or out to dinner, or at a special event.

One year my Dad and I were going to get my grandmother on Christmas Eve to come stay with us. We were traveling on Providence Road toward Chester where she lived. As we passed approached the crest of the hill at Bullen's Lane, I saw Santa Claus!! I saw the red and green lights floating across the sky! I couldn't contain my excitement and rushed my grandmother into the car to hurry back home. Dad and grandmom shared that time for that special image I saw. Of course, it was an airplane but they didn't spoil it for me.

That short magical experience has been a fond memory for over sixty years and memories like that mean more to me than whatever gift I received. Time is precious as we all know. The gift of your time given to CCDC is precious and thoughtful. We only receive back what we gift away and the time that we share with others is what we will remember.



Goldie

Volunteers are Always Welcome

By Danielle Korner

Let's face it, most of us are still recovering from almost two years of a sustained emergency response to the COVID-19 Pandemic. But taking a step back from CCDC to focus on Self-Care, or recover doesn't have to mean 'goodbye'.

In response to the COVID-19 Pandemic CCDC membership swelled from under 500 volunteers to well over 2,200 from March, 2020- March, 2021. When the call went out for volunteers to support a possible Federal Medical Station at The Glen Mills School, the community answered. When another call went out for volunteers to support the COVID-19 Vaccinations, the community again answered, and the Volunteer ranks swelled. For months, thousands of volunteers sustained an ongoing response to a public health emergency alongside county and state teams by filling unmet needs.

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Volunteers are Always Welcome

By Danielle Körner

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Now, as we enter 2023, the hectic early days of the COVID-19 response and vaccination still loom larger than life, even though the tone of the response has moved from 'emergent' to 'sustained.' The urgency has, for the moment, abated. So, what does that mean for CCDC, a Volunteer team that has been the key partner in the longest running emergency response in modern Delaware County history? For many volunteers, there is a sense of uncertainty, and perhaps a question if they are still needed. For others, there is a tangible need to recover and take some time to refocus on priorities outside of CCDC.

To be clear - CCDC volunteers will always be needed- but it will not always be an emergency. There will always be work to be undertaken to meet the CCDC Mission to "improve the emergency preparedness, health, and safety of the residents of Delaware County", but there won't always be a sense of urgency. To be equally clear - your health should never be forfeit to any response. We want you to practice self-care, and step away whenever you need to. CCDC will welcome you back when you are ready to rejoin us, or when the urgency increases, and you feel called to return. We are stronger because of you, and welcome you to participate within your comfort, and within your capacity whenever you feel the need to donate your time and your talents. We hope to see you in the New Year, whenever you are able, and in whatever capacity is right for you!



Training Tracks to Fit Your Preferences

In an effort to accommodate a non-emergency environment, CCDC Leadership has developed three Training Tracks that volunteers can choose which reflects the level of volunteering with which they are most comfortable. Below are the types and requirements for each level. The second chart denotes the activities that each type is eligible to attend.

Training Track	PATCH Background Check	Oriental-tion	NIMS 100	NIMS 700
Active Non-Deployable Volunteer	Required	Required		
Active Deployable Volunteer	Required	Required	Required	Recom-mended

Volunteer Type	Can Attend	Social	Meetings	Trainings	Non-Qualified Missions	Qualified Missions	Exercises
Active Non-Deployable Volunteer	X	X	X	X			
Active Deployable Volunteer	X	X	X	X	X	X	X

Project: Take Care of Our Own

A new Project / Mission has been posted to provide assistance to our volunteers who are ill, injured or cannot volunteer for some reason. Just as the church in your neighborhood gathers information about someone in need of help, we anticipate this project to do the same. Having received a message through word of mouth or through emails, the details of the person in need should be sent to the mrc mailbox (mrc@co.delaware.pa.us) with the subject Volunteer in Need, whereupon they or their families will be contacted by this project group. They will ascertain the needs, the timeline, and the limitations of the situation and develop a plan to help the volunteer.



Annie Favinger will Champion this Project and Judy McKinney will Lead the Project which will be ongoing to support our fellow volunteers. Please sign up for this project if you are inclined and help us assist those in need and by emailing the mailbox if you are aware of a situation.



Hours Report

CCDC is charged with reporting volunteer hours on a weekly basis to the Commonwealth. Mission Hours have been reported weekly, but we now have to add individual hours to this report. Please make sure that your hours are captured within a mission or under your individual hour's entry found in your profile.



Volunteer Kudos

By Robbie Kankus

CCDC volunteers have always gone above and beyond at VPODs to help the clients get their vaccines. Recently four CCDC volunteers used their skill sets to help special needs clients and their care givers at a DCHD VPOD.

The volunteers helped complete forms, chat with clients, transit the clients from reception to vaccine immunization rooms and back to observation. The volunteers kept a very watchful eye for anything that might challenge a particular client and caregiver's progress. They identified the challenges to the DCHD staff so the process could be adjusted as needed.

They managed all this while handling the influx of scheduled appointments and walk-in clients. Their actions were a prime example of CCDC volunteers being flexible and efficient but above all caring towards the clients who come into the VPODs.

Take Time Off

By Maureen Ingram

Not long ago, I had a conversation with another volunteer while finishing up on a Mission. During our discussion, the words "feeling tired" came up. I told the volunteer that the activity of the past 3 years is a very valid reason why volunteers would be tired. CCDC has always encouraged volunteers to pace themselves when volunteering. We are not sure that everyone followed that advice in the past few years. So, we are reiterating again, that volunteers should take a break, step back and regenerate whenever possible. You must take care of yourself and that comes without guilt. Volunteering is a choice and not a demand. Every CCDC Volunteer has earned the right to say "I'm tired". Rest up! If you find the need to take a break, take one. CCDC is not going anywhere! We will be waiting for you when you are ready.



2023 Scheduled Training Courses

By Julia Borek, CCDC Training Coordinator

We have developed a schedule of recurring training courses to be given throughout 2023. Hopefully you will be able to arrange your activities for next year. Other courses will be added as they arise. The numbers in the chart indicate the length in hours that the course will take except where the course will take a day or two to complete.

2023 Training Courses So Far	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Bloodborne Pathogens & HIPAA		2			2			2				2
Call Center Training				4						4		
CCDC Instructor Trainer				8						4		
Community Ambassador Training				8						8		
CPR	8			8			8				8	
Handbook & Orientation	2			2			2				2	
Intro to AFN & FAST Training-PA DOH			2d									
Leadership & Mission Lead Training	8			8			8				8	
MCM 101	3			3			3				3	
MCM 102			3		3			3				3
MCM Program Full Scale Exercise (MRC Deployment FSE, VOC ARES)						1d						
Psychological First Aid											8	
Red Cross Shelter Basics & Hands on Training			8								4	
Fire Safety											4	
Self-Care & Personal Wellness	2			2			2				2	
Shelter & Reception Center Exercise									1d			
Training Lanes with Wilbur Wolff											8	
Volunteer Preparedness & Deployment Training (Pre & Post)		3			3			3				3
VRC Full Scale Training						1d						
You Are the Help (Intro to First Aid, Narcan, Stop the Bleed)	8			8			8					8

PATCH Background Checks: Help is Here!

By Judy McKinney

A mission will be activated this week to come to the 911 Center where stations will be available for logging on to the PATCH website by leadership volunteers. You will need Name, SS #, and address.

For those who cannot come to the 911 Center, you are asked to send an email asking for phone assistance. Someone will call you and you will provide the information to obtain your certificate and then it will be sent to you for your records and to upload into Galaxy and ServPA. Send your message to : mrc@co.delaware.pa.us





**John & Lisarose Ferri
Volunteers**

John is retired from a 40-year career in Information Technology. He worked that past 30 years at Citibank. He lives in Middletown Township with his wife Lisarose. John also volunteers with the Penn State Extension Master Watershed Steward program and the Epilepsy Foundation. When not volunteering he enjoys physical activities such as hiking and bicycle riding.



Rudy

The Volunteer Heart

By John Ferri



My wife Lisarose had gotten involved with CCDC in early 2020 during the Glen Mills days because of COVID. She thought that they would need help once vaccines were available, which turned out to be true, for all the missions we would be supporting. Lisarose began volunteering at the Call Center and then at Crozier Chester and Springfield Hospitals most days. When Aston Community Center opened, she volunteered 6 hours a day, 5 to 6 days a week, once volunteering for 10 days straight because it was important to help the residents of Delaware County. She reduced her Master Gardener volunteer duties while helping CCDC.

In 2020, as I approached retirement, I wanted to find volunteer activities to keep me busy. Occasionally I would take a vacation day from work to volunteer at a VPOD. I retired in March 2021 and then working VPODs became my new full-time job. My wife and I were volunteering 5 to 6 days per week mostly at the Aston Community Center but also in Yeadon, Chester, Radnor, neighborhood sites and mobile sites. We were both very happy doing our best to help everyone get protection from COVID and move past the pandemic.

It was very nice how happy and thankful people were to get their COVID vaccinations. We received a big "thank you" from thousands of people receiving their COVID vaccinations. It made us realize our volunteer work was greatly appreciated and motivated us to keep helping.

I was impressed by many things with CCDC but the two most significant were leadership and camaraderie. There were often problems to be solved during a mission. Our leaders would look to us for solutions. We would be encouraged to develop a plan and then execute it. It felt good to know we were a big part of the success of our missions. I was also very impressed with the camaraderie of all the people volunteering. It seemed we were all there for the same reasons. We all enjoyed helping others and thought the work we did was greatly appreciated. We enjoyed working with each other and it made the time pass quickly.

I became part of the badge making crew. I now have a lead role in that function as a few new badges are needed each month. I also served as an ER site lead at Taylor and Crozier Hospital in January and February of this year as Crozier Keystone Health needed help with staffing at their hospitals.

I'm now helping with the Hurricane Ida Recovery Call Center which has been established to determine what is needed, then the residents can be assigned a case worker to receive available aid.

I'm amazed at all we have been able to accomplish over the past two years that I have been part of CCDC. I'm not sure what will be next but I intend to serve with CCDC for many more years and help with whatever problems arise. I look forward to serving with the many volunteers that are part of this great organization.

Citizen Corps of Delaware County

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<https://delcocitizen.org>

<https://ccdcredit.delcocitizen.org>

Oh, One More Thing....



I am sending
you all a hug
as it's the
perfect gift.
It's free!
One size fits
all...and it
can be easily
returned.

*Stay safe and have a
Happy Holiday!*

citizen corps
of Delaware County